

Management Team

(Available Monday - Friday)

Tahjai Rougeau~ Administrator
Heather Dugan~ Home Manager
Tahjai & Heather~ Dietary Manager
Cecilia Bartley ~Life Enrichment Coordinator
Keith Harris~ Maintenance Manager

Retirement Living Management's Other Locations are:

Chestnut Fields - Muskegon
Green Acres - Allendale, Cadillac, Cedar Spring,
Fremont, Ionia, Lowell, Manistee, Mason,
Mt. Pleasant, Standale, Wayland
Nottingham Place - Midland
Royal View - Mecosta
Turning Brook - Alpena;



The desire of Retirement Living is to honor God by providing the elderly with a lifestyle that values their identity, their independence, and their dignity.

Communication

Hello families and friends,

As we enter this new month may your days be filled with love and your nights with peace. This Month I'm wishing you a month filled with laughter, good health, and prosperity. May this month be a fresh start for you, full of new opportunities and blessings.

Fun Facts: February is the only month to have a length of fewer than 30 days! Though it's usually 28 days, February is 29 days long in leap years such as this year 2024

February is often known for being a month dedicated to and all about love. But February is not only about valentines and sweethearts; instead, it can also be a month for self-love and self-care, fostering relationships with family and friends, and loving others.

February means "purification," and reflects both a pagan and Christian tradition of purification during this month. While the modern celebration of February is most often associated with Valentines Day, the ancient world viewed it as a month of purification.

As we enter February together there is everything to hope for and nothing to regret. Though February is short, it is filled with lots of love and sweet surprises we will share together.

Heather Dugan

Home Manager

Upcoming Events....

February 2-National Wear Red Day. (Wear an article of RED clothing for American Heart Month).

February 12-18- National Random Act of Kindness Week.

February 14- Valentine's Day Sweetheart Luncheon for residents & families.

February 14- Amigo Mobility Presentation 12-3pm

Valentines Day Trivia

Cupid's name in Greek Mythology is Eros.
(meaning Greek god of carnal love.)

In 1901 Sweethearts candies was given their name.

The first Valentine's Day candy box was invented by Richard Cadbury

The oldest-known Valentine's Day message was Written in 1415.

On average there are 220,000 marriage proposals on Valentine's Day.

There are 180 million stems of roses sold on Valentine's Day each year.

9 million people actually buys Valentine for their pets.



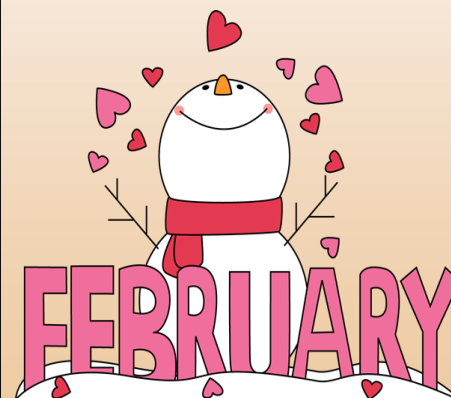
Thank you.

It was such a pleasant surprise opening our email messages and found one from Spartan Nash informing us that Green Acres of Allendale was chosen to be one of the recipient of their Secret Santa Program 2023. I read the letter at least twice including the fine prints just to make sure that I was seeing right, and yes it was true.




We were their Secret Santa.

When we picked up the items at the appointed time we were again pleasantly surprised by the community giving. The items were distributed to each resident as part of their Christmas stocking stuffers and they were happy as we explained to them where the donations came from. On behalf of residents, staff and management, we just want to say a big "Thank You," to Spartan Nash and Family Fare of Allendale management team.

Cecilia Bartley,
Life Enrichment Coordinator/Activities Director



Reside ~ Reflect ~ Relax

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Activities subject to change without notice. Changes will be posted on activity holder in dinning room.	Compliment a stranger. Donate canned goods to your local food bank. Donate to Salvation Army or Goodwill. Surprise your coworker with their favorite coffee or treat.	1 <i>Ntl. Dark chocolate day</i> 10:00 Sit & Be Fit 11:00 Train your Brain 12:00 Devotion 2:00 Valentine’s Day Bag Decorating Beauty Salon	2 <i>Ntl. Wear red day</i> 11:00 Sing-Along 12:00 Devotions 2:00 Balloon Tennis	3 <i>Ntl. Carrot cake day</i> Personal Time
4 <i>Ntl. Homemade soup</i> Personal Time	5 10:00Sittercise 12:00 Devotion 1:00 Piano with Ken 2:00 Coffee & Conversation with friends	6 <i>Ntl. Frozen yogurt day</i> 10:00 Strength & Stability 12:00 Bible Character 2:00 Coloring & Puzzles Traveling popcorn cart	7 <i>Ntl. Fettuccine Alfredo</i> 10:00 Sit & Be Fit 11:00 Bean Bag Toss 12:00 Devotions 2:00 Basketball	8 10:00 Exercise with Terry 11:00 Manicures 12:00 Devotions 2:00 Hot Chocolate Bar B.I.N.G.O	9 <i>Ntl. Pizza Day</i> 9:45 A C S 11:00 Sing-A-Long 12:00 Devotions 2:00 Valentine’s Day Craft	10 <i>Ntl. Cream Cheese Brownie</i> 2:00 West Michigan Dancers
11 	12 10:00 Exercise with Jane 12:00 Devotions 1:00 Piano with Ken 2:00 Valentine’s Day Candy Making National	13 10:00 Morning Exercise 12:00 Devotion 2:00 Valentine’s Day Decorating Random	14 HAPPY VALENTINE’S DAY Sweethart Luncheon Act of	15 10:00 Memory games & Coffee with friends 12:00 Mobility Presentation Beauty Salon Kindness	16 <i>Ntl. Caregivers day</i> 11:00 Sing-A-Long 12:00 Devotions 2:00 Week	17 <i>Ntl. Cabbage day</i> Personal Time
18 Personal Time	19 <i>president’s Day</i> <i>Ntl. Chocolate mint</i> 11:00 Piano with Ken 12:00 Bible Trivia 2:00 Bean Bag Toss Coloring & Puzzles	20 <i>Ntl. Cherry Pie Day</i> 10:00 Sit & Be Fit 12:00 Devotions 2:00 Basketball/ fruit cart.	21 10:00 Strength & Stability 11:00 Coloring/Puzzles & Coffee with friends 12:00Devotions 2:00 Cards Stamping	22 <i>Ntl. Sweet Potato Day</i> 10:00 Light & Lively 12:00 Devotions 2:00 Penny Ante game Hang Man game	23 <i>Ntl. Banana Bread Day</i> 11:00 Sing A-Long 12:00 Devotions 2:00 “How It’s Made” Popcorn Cart	24 <i>Ntl. Tortilla Chip day</i> Personal Time
25 Personal Time	26 10:00 Sit & Be Fit 12:00 Devotions 1:00 Piano with Ken 2:00 B.I.N.G.O	27 <i>Ntl. Strawberry day</i> 10:00 Balloon tennis 12:00 Devotions 2:00 Whose Line Is It? 3:00 Memory Game	28 10:00 Sittercise 12:00 Devotions 2:00 Nature Documentary 3:00 Do you Remember?	29 <i>Ntl. chili day</i> 10:00 Conversation with Friends 12:00 Devotions 2:00 Beaty Salon	Send a positive message to someone you know. Donate old towels and blankets to an animal shelter. Return shopping carts for people at the grocery store. Buy a plant, place it in a beautiful pot and give it so someone with a smile. Write your partner a list of things you love about them.	

GREEN ACRES

February

2024

Life

Enrichment

Wish List...

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Birthdays...

Residents:

6th Janette W

12th Janet V

15th Joyce D

Staff:

14th Anthony

16th Carol

